





VOORHEES COLLEGE VELLORE

(Affiliated to ThiruvalluvarUniversity)

NATIONAL SERVICE SCHEME (NSS)

"Not me but you"

UNIT – I

2019-2020

Regular Activities Report

Submitted to

NSS Coordinator, Thiruvalluvar University

NSS Regular Activities Report

We, NSS Unit-I of our College conducted regular campus cleaning activities throughout this academic year 2019-2020. Third Consecutive Wednesdays of every month was chosen to be the regular activity day of our unit. Nearly 50 NSS Volunteers took part in the campus cleaning, planting saplings, Waste Management and other activities both in the main College campus and De Boer Campus.

Main College Campus Cleaning 18:06:2019









<u>Yoga Day 21:06:2019</u>









Gardening 31:07:2019



Planting of Tree Saplings







NSS Orientation 09:08:2019





College Campus Cleaning work College front side

Date : 14.08.2019



De Boer Campus Cleaning 22:08:2009





Waste Cleaning & Management







BLOOD DONATION CAMP

Date: 22.08.2019

Venue: Cobb Hall

Timing: 2.30 pm

We NSS Unit-I and the PG Department of Computer Science of Voorhees College have jointly conducted a special blood donation camp in association with CMCH, Vellore on 22.08.2019 at 2.30 pm in Cobb Hall. Voorhees College has been helping the needy patients from CMCH for a long period of years.

Dr. A. Nelson Vimalanathan, Principal i/c &Programme Officer NSS Unit-I inaugurated the camp followed by the greeting brought by Dr. J. Annie Kamala Florence, Vice-Principal (Shift-I) and Dr. S. Caleb Noble Chandar, Bursar &Programme Officer NSS Unit-I. Nearly, 100 donors from NSS Unit-I and Department of Computer Science have donated blood on that day. The camp ended with the vote of thanks delivered by Prof. A. Russell Premraj Benjamin, Vice-Principal (Shift-II) & Head, Department of Computer Science.

NSS BLOOD DONORS

We, NSS Unit-I of Voorhees College feel immensely proud to report that apart from conducting and participating in the blood donation camps organized by NSS Units, various Departments of College, Red Ribbon Club, and NGOs like Rotary International, Lions Club, JCI, Rotaract and others, most of our NSS Volunteers have registered as voluntary blood donors and they have been doing this great service by donating blood to the needy patients from many hospitals particularly CMCH, Vellore. Awareness on blood donation and importance of being a blood donor are nurtured into the young minds with utmost concern and care for the nation









NSS DAY & Toilet Cleaning and Hand Wash Awareness

Date : 04.10.2019



University Play Ground Cleaning work

Date : 27.11.2019











Participation in Awareness Programmes

January 25th, 2020 – Our NSS Volunteers participated in the National Voter's day Awareness Rally organized by the District Administration.



Traffic Roadways Awareness Date : 27.01.2020









January 28th, 2020 – Our NSS Volunteers participated in the National Leprosy Abolition Awarenessprogrammeorganized by the District Administration at Cobb Hall, Voorhees College.



HIV & CORONA Awareness Date : 24.02.2020





Ek Bharat Shreshtha Bharat

Date: 28.02.2020

Duration: 2 Hours

Venue: Cobb Hall

Timing: 12pm -2pm

We, all units of NSS of our college have jointly conducted **"Ek Bharat Shreshtha Bharat"** activities on 28.02.2020 at Cobb Hall, Voorhees College in response to the directive issued by the NSS Regional Directorate dated 24.02.2020. The activities began at 12 pm with invocation address by Dr. S. Hepcy Christina Mary, NSS Programme Officer Unit-III, followed by the special address on the topic by Dr. Saravanan, Assistant Professor of Defence and Strategic Studies, Voorhees College.

After the special address on the subject "Ek Bharat Shreshtha Bharat", guidelines on slogan writing were given by Dr. A. Nelson Vimalanathan, Principal (i/c) &Programme

Officer Unit-I. The activities were conducted for nearly 2 hours. Nearly 80 student volunteers participated in the EBSB activities.

"Slogan Writing on partner state" began at 12.45 pm and ended at 2 pm. Student Volunteers were actively participating in the events. After the completion of activities, best slogans were chosen and rewarded by the committee comprising of Dr. S. Hepcy Christina Mary, NSS Programme Officer Unit-III, Dr. Saravanan, Assistant Professor of Defence and Strategic Studies, Prof.S. Sanjay Subramani, Assistant Professor of Commerce and Prof. Gabriel Karthick K, Assistant Professor of English. Vote of Thanks was delivered by Dr. I. Rufus Sathish Kumar, Assistant Professor of English, followed by tea and snacks provided to the student volunteers.









February 18th, 2020 – Our Volunteers participated in the **Road Safety Awareness** Rally organized by the District Police department.



E-Waste Management

Date: 06.03.2020

Duration: 3 Hours

Venue: DKM College

Timing: 10.30 am – 1.30 pm

In response to the directive issued by the Regional Joint Director of Collegiate Education, Vellore Region &TamilNadu Pollution Control Board dated 04.03.2020, the Principal deputed following teaching faculties representing all three units of NSS, Mr. Gabriel Karthick K, Assistant Professor of English representing NSS Unit-II, Dr. Saravanan, Assistant Professor of Defence representing NSS Unit-III and Mr.S. Sanjay Subramani, Assistant Professor of Commerce representing NSS Unit-I to take part in the special awareness programme on "E-Waste Management".

All the above teaching faculties attended the special awareness programme titled "E-Waste Management" jointly conducted by the Tamil Nadu Pollution Control Board & Directorate of Collegiate Education, Govt. of Tamil Nadu on 06.03.2020, 10.30 am at DKM Women's College, Sainathapuram, Vellore.

Eminent people from Tamil Nadu Pollution Control Board gave effective lectures and presentations on "E-Waste Management" along with practical demonstrations. We were instructed to conduct such awareness programme in respective college in order to create awareness on E-Waste, dangers, effects and management.

Refreshments were provided to all the participating teaching faculties from NSS Units of various Colleges in and around Vellore Region. The programme was very useful for all the teaching faculties and it has been resolved to educate the student volunteers about E-Waste and its management.

First Aid Training Programme

Date: 13.03.2020

Duration: 2 Hours

Venue: BA Defence II Year

We, all units of NSS of our college have jointly conducted **"First Aid Training Programme"**for our volunteers on 13.03.2020 at BA Defence II Year Classroom, Voorhees College in response to the directive issued by the NSS Regional Directorate dated 04.03.2020. The activities began at 12 pm with invocation address by Dr. S. Hepcy Christina Mary, NSS Programme Officer Unit-III, followed by the address on the topic by Dr. A. Nelson Vimalanathan, Principal (i/c) &Programme Officer Unit-I, Voorhees College.

After the special address on the subject "**First Aid**", guidelines on "**Role of NSS Volunteers in First Aid**" were given by Dr. S. Caleb Noble Chandar, Bursar & Programme Officer Unit-II. The programme was conducted for nearly 2 hours. Nearly 80 student volunteers participated in the Training Programme.

Dr. D. Mageswaran from Indian Medical association (IMA) was the resource person of the programme. He gave special address on the importance of First Aid and also demonstrated First Aid activities to the students. Student Volunteers actively participated in the training programme and remarked that it was really very useful for them.

The special First Aid Training Programme was ended with the vote of thanks delivered by Mr. Gabriel Karthick K, Assistant Professor of English. Student Volunteers were provided refreshments after the programme.

Timing: 12pm -2pm

POSHAN Pakhwada

Date: 16.03.2020

Duration: 30 Minutes

Venue: Near Principal's Office

Timing: 9am -9.30am

In response to the notice recieved from the Ministry of Women & Child Development and the NSS Programme Co-ordinator, Thiruvalluvar University dated 06.03.2020, it was resolved to take part in the rally organized by the district administration in regard of celebration of "POSHAN Pakhwada" on 16.03.2020.



But due to the spread of Corona Virus and also on the advice of the district administration, the rally was cancelled. The programme was celebrated in the premises of Voorhees College on the 16.03.2020. Nearly 100 Student Volunteers took part in the programme where the Principal gave a speech on various issues related to Child Anaemia, Diarrhoea, Hand Wash & Sanitation and Meal with Diet Diversity.



The programme ended with the pledge taking ceremony in which both students and teachers under the guidance NSS Programme Officers took pledge to prevent spread of diseases related malnutrition, importance of child-mother care and so on. The programme was useful and more informative to the student volunteers.



March 8th, 2020 – Our Volunteers along with NCC Cadets participated in the International Women's Day Celebrations Rally organized by the District Administration.





THANK YOU